


FIRST MINDFULNESS CONFERENCE



**INTERNATIONAL  
RESEARCH  
CONFERENCE  
ON  
MINDFULNESS  
2022**

# ABOUT THE CONFERENCE



In recent years, an increasing trend can be observed on mindfulness training, practice, and research as a technique for organizational well-being, as a means for reflection and learning, human resource practice, self-awareness and emotion regulation for leaders, improving social relationships in the workplace, increasing employee resilience and performance, developing emotionally mature and socially responsible managers, and to address the new normal. Also, mindfulness is being practiced as a technique of stress reduction, management of chronic pain, behavioral therapy, and other areas.

Ongoing pandemic has created a stressful work environment for managers requiring them to make quick decisions amid uncertainties and insufficient information to resolve the ongoing issues, and probably mindfulness could be the answer to many of the management and social issues of the current times. The need of the hour is to bring together researchers, practitioners, and academicians to exchange and share their experiences and research in various fields of 'Mindfulness in Business Context'. The idea is to provide an opportunity to discuss how the concepts and practices of mindfulness can be incorporated into the business context and create organizations that are truly mindful. It also provides an interdisciplinary platform to highlight the importance of developing mindful organizations, business leaders, employees.

## Call for Papers

IIM Bodh Gaya invites management practitioners, faculty members, and research scholars to submit and present their research papers at its 1st International Research Conference on Mindfulness 2022 (IRCM 2022) to be held from 3rd to 5th February 2022. It is being organized in two parts. A Pre-conference workshop would be held on 3rd February 2022 and would include practice and discussions sessions on meditation and mindfulness practice interventions. Conference presentations will be held from 4th to 5th February 2022.







# THEMES



- Eastern and Western Philosophy of Mindfulness
- Mindful Workplace and Employee Well-being
- Mindfulness and Well-being
- Creating Mindful Work Culture
- Mindful Marketing and Consumption
- Mindfulness in Quality, Reliability and Customer Service
- Mindfulness in Business Continuity and Preparedness
- Mindfulness in Sustainability and Virtuous Management
- Organizational Mindfulness in Triple Bottom-line (People, Planet and Profits).
- Meditation and Mindfulness Interventions
- Measuring Mindfulness
- Mindfulness in Business
- Mindfulness and Technology
- Mindfulness in Education
- Personality and Mindfulness
- Mindful Leadership and CSR
- Mechanisms of Mindfulness
- Mindlessness and Mindfulness
- Social media and mindfulness
- Diverse perspectives of Mindfulness
- Applications of Mindfulness in the Workplace
- Conceptualizing Mindfulness in the Workplace
- Mindfulness in Uncertain Times (VUCA)

## CONFERENCE SCHEDULE AND IMPORTANT DATES

Last date for submission (only full paper submissions)

**1st November 2021**

Declaration of Acceptance of paper

**15th November 2021**

Registration start date

**16th November 2021**

Registration closing date

**15th December 2021**

Pre-conference workshop

**3rd February 2022**

Conference Presentations

**4th & 5th February 2022**

\*Selected papers will be considered for publication in ABDC ranked, Scopus, and Web of Science journals/special issues.

The paper submission will open from 20th Aug 2021. The link will be available on our website.

<https://iimbg.ac.in/conference>



# KEYNOTE SPEAKERS



**RICHARD BADHAM, PHD**  
PROFESSOR OF MANAGEMENT,  
MACQUARIE BUSINESS SCHOOL  
AT MACQUARIE UNIVERSITY



**DEBORAH L. SCHUSSLER, PHD**  
ASSOCIATE PROFESSOR OF  
EDUCATION (EDLDR),  
PENNSYLVANIA STATE  
UNIVERSITY



**RICH FERNANDEZ, PHD**  
CEO AT SEARCH INSIDE  
YOURSELF LEADERSHIP  
INSTITUTE



**SCOTT SHUTE**  
HEAD OF MINDFULNESS  
AND COMPASSION AT LINKEDIN,  
AND VP OF GLOBAL CUSTOMER  
OPERATIONS



**AMIT BERNSTEIN, PHD**  
PROFESSOR, CLINICAL  
PSYCHOLOGY, SCHOOL OF  
PSYCHOLOGY, UNIVERSITY OF  
HAIFA, DIRECTOR, OBSERVING  
MINDS LAB



**SOUSAN ABADIAN, PHD**  
SPEAKER & EDUCATOR IN  
LEADERSHIP &  
INNOVATION; COLLECTIVE  
TRAUMA & CULTURAL  
RENEWAL



**LYNN C. WAELDE, PHD**  
PROFESSOR, PALO ALTO UNIVERSITY;  
DIRECTOR, INNER RESOURCES  
CENTER, GRONOWSKI PSYCHOLOGY  
CLINIC; DIRECTOR, MEDITATION AND  
PSYCHOLOGY EMPHASIS, PGSP

## WORKSHOP TRAINERS



**LORI SCHWANBECK**  
MINDFULNESS BASED EMOTIONAL  
INTELLIGENCE CONSULTANT



**RUCHIKA SIKRI**  
FOUNDER OF MANDALA  
VENTURES, START UP ADVISOR,  
THOUGHT LEADER



**RAMYA RANGANATHAN, PHD**  
LIFE COACH, FACILITATOR, AND ADJUNCT  
FACULTY, IIM BANGALORE





# REGISTRATION FEES



Category	Workshop	Conference	Both
<b>Indians</b>			
Students	₹1000 + Taxes	₹1000 + Taxes	₹1500 + Taxes
Academicians	₹1500 + Taxes	₹2000 + Taxes	₹3000 + Taxes
Industry	₹2500 + Taxes	₹4000 + Taxes	₹5500 + Taxes

## Foreigners

Students	\$50 + Taxes	\$100 + Taxes	\$100 + Taxes
Academicians	\$75 + Taxes	\$75 + Taxes	\$150 + Taxes
Industry	\$100 + Taxes	\$125 + Taxes	\$175 + Taxes

## Conference Coordinators

### Dr. Nidhi Mishra

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FOR MORE DETAILS

